SACRED HEART EXETER

BUILDING THROUGH BEAUTY, BELONGING AND TRUTH

SATURDAY 17TH OCT *St Ignatius of Antioch Bp M*	10:00am	**Mass** | *Int. Thanksgiving*
	After Mass	*Refreshments in the Lower Room*
		Confessions (Fr. Petroc)
	4:30pm-5:15pm	**Exposition of the Blessed Sacrament**
	4:30pm-5:30pm	*Confessions (Fr Emmanuel)*
	5:30pm	**Vigil Mass** | *Int. People of the Parish*
SUNDAY 18TH OCT *29th Sunday in Ordinary Time*	9:15am	**Mass** | *Int. Jonathan Caprotti*
	After Mass	*Refreshments in the Lower Room*
	11:15am	**Mass** | *Int. The Pereira Family*
	12:30pm	*'Gateway' in the Lower Room (RCIA)*
	1:15pm	**Mass** (Polish)
MONDAY 19TH OCT *Feria in Ordinary Time*	10:00am	**Mass** | *Int. Biju Varghese RIP*
TUESDAY 20TH OCT *Feria in Ordinary Time*	10:00am	**Mass** | *Int. Maeve Friderch*
	After Mass	*Refreshments in the Lower Room*
WEDNESDAY 21ST OCT *Feria in Ordinary Time*	10:00am	**Mass** | *Int. Ursula Umbariba De Sánchez RIP*
	10:30am	*SVP Chatter Café in the Lower Room*
	6:30pm	*'Gateway' in the Lower Room (Repeat of Sunday's Session)*
THURSDAY 22ND OCT *Feria in Ordinary Time*	6:00pm	**Exposition of the Blessed Sacrament**
	6:30pm	**Mass** | *Int. Francesco & her parents*
FRIDAY 23RD OCT *Feria in Ordinary Time*	10:00am	**Mass** | *Int. Pope Leo XIV's health*
SATURDAY 24TH OCT *Feria in Ordinary Time*	10:00am	**Mass** | *Int. Pope Leo XIV's health*
	After Mass	*Refreshments in the Lower Room*
		Confessions (Fr. Petroc)
	4:30pm-5:15pm	**Exposition of the Blessed Sacrament**
	4:30pm-5:30pm	*Confessions (Fr Emmanuel)*
	5:30pm	**Vigil Mass** | *Int. Ursula Umbariba De Sánchez RIP*

CLOCKS GO BACK ONE HOUR

SUNDAY 25TH OCT *30th Sunday in Ordinary Time*	9:15am	**Mass** | *Int. Andrew Crane RIP*
	After Mass	*Refreshments in the Lower Room*
	11:15am	**Mass** | *Int. People of the Parish*
	12:30pm	*'Gateway' in the Lower Room (RCIA)*
	1:15pm	**Mass** (Polish)

CONTACT DETAILS:

Clergy
Fr. Petroc Cobb: *01392 642388*
Fr. Emmanuel Uzoma: *01392 642378*
Parish Secretary
Coral Saunders-Mortier: *01392 642389*
exeter-sacredheart@prcdtr.org.uk

Parish Pastoral Assistant
Maria Quinn: *exeter-pastoral-assistant@prcdtr.org.uk*
Safeguarding Team
Andrew Blewett: *07729 608356*
drewmail2016@gmail.com
Coral Saunders-Mortier: *01392 642389*
exeter-sacredheart@prcdtr.org.uk

To make an appointment to see a priest, phone the parish secretary who will find a time that is convenient for you.

Parish Website: *www.sacredheartexeter.org*

GATEWAY (RCIA)

Thinking about becoming Catholic?
Want to learn more about the Catholic faith?
Whether you are curious, have questions, or ready to take the next step, we would love to meet you.
Don't worry if you haven't been to any previous sessions, feel free to join us where you're at.

The next meeting will be on the 18th October at 12:30pm after Mass in the Lower Room.
If you can't make this meeting, a repeat of the session will run on Wednesday 21st October at 6:30pm.

NOTES:

The new stone altar and ambo are being installed between 8th October and 9th November. This shoudn't cause much disruption to daily Masses.

The consecration for the new altar is on the 13th December at the 9:15am Mass.

ANNUAL PARISH FINANCE ACCOUNTS

Near the door of church this week you will be able to find a small leaflet which gives you a picture of the parish finances for the past year, that is April 2025 to April 2026. Please feel free to take a copy.

The finances of the parish are looked after by volunteers from the parish helped by professionals from the diocese.

The same is true of the care of the parish buildings. In the parish we have a treasurer and a Buildings and Finance Committee whose purpose is to assist the parish priest in the care of the parish finances and buildings.

They meet 6 times a year, focussing alternatively on finance and then on buildings.

If you would like to volunteer to help with this committee, scan the QR code or click on the link and let us know.

https://www.sacredheartexeter.org/blank-13

MONTH OF REMEMBRANCE



November, the month of Remembrance and prayer for the dead, is approaching.

You can collect an envelope from the back of church to place within the names of those departed whom you wish to be prayed for.

If you wish to make a donation please do, but it is entirely optional. We will pray for all those whose names are given in.

On Remembrance Sunday (8th November) the wreath will be placed before the altar and taken from there to the memorial at the back of church on Wednesday 11th November, when we will offer a Requiem Mass for those who died in war.

The plaque at the back of church was given by the Catenians

HOSPITAL VISITS

Is someone you know in hospital?

If you would like the Catholic Chaplain to visit them on a regular basis, you can phone the Royal Devon and Exeter (Wonford) Chaplaincy service at 01392 402024 and let them know who you would like visited and if it's an emergency or not.

DATES FOR YOUR DIARY

WHAT	WHERE	WHEN
Mass in Polish	Sacred Heart | Church	1st Friday of the month at 7pm
Allison Ufondu's First Holy Communion	Sacred Heart | Church	18th October at the 9:15am Mass
Bible Reflection	Sacred Heart | Lower Room	2nd & 4th Saturday of the month at 2:30pm
Taizé Adoration	Sacred Heart | Church	1st Wednesday of the month at 7pm
Catholic Women's League	Sacred Heart | Lower Room	3rd Tuesday of the month at 2pm
GIFT Tots	Sacred Heart | Lower Room	19th October | 10am - 11am
GIFT Youth Socials (school years 7-9)	Richard Reynolds Centre | Blessed Sacrament	2nd Friday of the month at 7pm - 8:30pm
GIFT Youth Caritas (school years 10-13)	Richard Reynolds Centre | Blessed Sacrament	1st Friday of the month at 7:30pm - 9:30pm
Baptism Course 2026	Online	Third Course: 14th November & 28th November
Ignatian Prayer Group	Holy Cross | Topsham	1st Thursday of the month after 10am Mass (Check the website for any changes)
Rosary Wednesdays	Blessed Sacrament	1st and 3rd Wednesdays after 10am Mass
Gateway (RCIA)	Sacred Heart | Lower Room	Sundays at 12:30pm & Wednesdays at 6:30pm



THE POPE'S INTENTIONS FOR THE MONTH
- FOR MENTAL HEALTH MINISTRY

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

Watch Pope Leo XIV's Video here

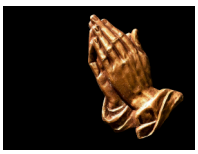




THIS WEEK PLEASE PRAY FOR

Colin & Jennifer Woodman,
Grace Hicks
Christopher Browne
Becky Hitchman
Robert Bolton
Pope Leo XIV

& Recently departed



USEFUL LINKS

Diocesan News

Diocesan Youth News

Diocesan Special Editon Newsletter

St Nicholas School Website

Pope Leo's First Encyclical (Magnifca Humanitas)

Catholic Bishops' Conference Newsletter

Safeguarding Newsletter

Caritas Newsletter

CAFOD Newsletter

SACRED HEART REPOSITORY (IN THE OLD BAPTISTRY)





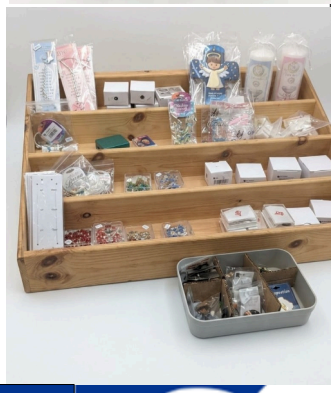
Please come and browse our repository. We have medals, rosaries, (ring and bracelet rosaries), sterling silver crosses, bracelets, statues, Baptism, Confirmation and First Holy Communion cards and gifts. We have some new items, e.g. Fridge magnets and children's books. We now also have a pre-loved items section with some lovely bits and pieces.

If there's an item you are looking for please contact Coral at the Parish Office on 01392 642389 and she will try to source it for you.









LOOP SYSTEM

Since the update of our sound system, the Loop facility for hearing aids is now working. The reception is better if you are seated near the walls. Remember to turn on your loop setting.

Assistive Listening Devices Available

Filming & Photography During Mass



We are grateful for people's wish to remember and share these occasions and the legitimate desire to capture special moments; however, we politely request your full presence and active participation in the Mass.

Filming or photography of any kind during Mass is **not permitted unless explicit permission has been granted by the parish in advance.**

Where **explicit permission** is given:

- Recording must be **discreet and non-disruptive.**
- **Sacred moments** (including the Eucharistic Prayer and Holy Communion) must not be filmed.
- The **privacy of others**, especially children, must be respected.

All filming is under the direction of the parish. If the priest (or a representative) asks for filming to stop, this must be **respected immediately.**

Thank you for helping maintain a prayerful environment.

Are You being Called to serve as a PERMANENT DEACON?

Come to our Enquirers' Day

on Saturday 31st October 2026

at St Boniface House, Ashburton, TQ13 7JL

when 10:30am-1:30pm

For more details or to book a place, please contact Deacon Nick Johnson on 07768 622343 or by email at nick.johnson@prcdtr.org.uk

For further information, visit the links below:

www.ukvocation.org

and

http://www.vatican.va/roman_curia/congregations/ccatheduc/documents/rc_con_ccatheduc_doc_31031998_directorium-diaconi_en.html

SACRED HEART EXETER

LET'S GO ORANGE FOR OCTOBER

Did you know that you can donate your unwanted items through the **Catholic Children's Society (Plymouth)'s Orange Box** recycling scheme and turn clutter into cash for a very good cause ?



WE ACCEPT -

- Stamp collections, first day covers or old envelopes and postcards pre 1950
- Coins and banknotes – any and all, old and new, from all over the world, obsolete or otherwise
- Precious metals including broken jewellery, old trophies, gold, silver
- Metals including ornaments, metal toys, keys and locks, metal cutlery – any age and any condition
- Costume jewellery
- Medals
- Small antiques and collectibles
- Watches – digital, quartz or manual wind – working or not
- Catholic memorabilia such as 2 rosaries, crucifixes, medals but not books

Catholic Children's Society
(Plymouth)
Putting All Children First

Catholic Children's Society (Plymouth) St Boniface House, Ashburton, Devon, TQ13 7JL
01364 645420 www.ccsplymouth.org.uk ccs@ccsplymouth.org.uk
Registered Charity No. 282803 Limited by guarantee, Registered in England No. 1546053

Please bring any items and pop them in your parish's Orange Box.

Thank you to all our parishes, schools and individual loyal supporters for your continued support of our small children's charity. Without your generosity, we would not be able to continue supporting so many families of all faiths and none who are struggling to provide the basic essentials of life for their children. It's hard to imagine that there are children sleeping on the floor or sharing beds with a sibling or even a parent, and by applying for a grant through our Essential Grants programme with the support of a professional worker supporting the family, we can purchase beds for these families, school uniform or white goods such as cookers, washing machines and fridge/freezers.

For more information, please visit our website – ***www.ccsplymouth.org.uk*** or call **01364 645420.**

CCSP Crowdfunder Prize Draw

Would you like to win this calming relaxation bundle?

The prize draw takes place on **Monday, 23 November 2026.**

Included in the bundle is:

- A beautiful, large handmade quilt
- A gorgeous, soft to the touch crocheted teddy
- A wonderful, handmade, white circular Christening gown
- A calming diffuser with a selection of essential oils
- A scented candle advent calendar.

Thank you to the parishoners who kindly donated these items.

Tickets are on sale now and can be purchased by clicking this link:

https://www.crowdfunder.co.uk/p/a-calming-relaxation-bundle

Thank you for your continued support.



University of Exeter

Are you going to be studying at the University of Exeter this year?

We invite you to come to our Catholic Chaplaincy, located at Boniface House, Glenthorne road, EX4 4QU, close to the Birks Grange Village hall of residence; for further information and directions visit https://www.exeter.ac.uk/students/chaplaincy/catholic/.

At our Catholic Chaplaincy we have a faith-filled and lively community where students can grow in faith while having fun and making new friends. Masses are celebrated during term time on Sundays at 11:30 a.m. (followed by a free lunch), on Tuesdays at 7 p.m. and on Thursdays at 12 p.m. (followed by a free lunch).

For further details about the events taking place at our Catholic Chaplaincy,

Sign up to recieve our Newsletter

Follow us on Instagram

EXETER_CATHOLIC_CHAPLAINCY

Get in touch with our Chaplaincy Assistant, Dr Maria Gisella Giannone

m.g.giannone@exeter.ac.uk

We look forward to meeting you!

SACRED HEART EXETER

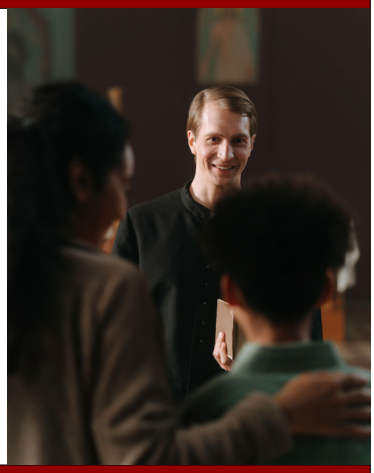
PHOTOGRAPHS

We have lots of photographs from recent celebrations which we would like to put on our website and social media**, please can anyone who doesn't want their images posted let us know.**

We are also appealing for other peoples photographs e.g. weddings, baptisms, first communions and all general church activities.
These would be used for the same purpose.

Please send them in via the parish email address.
exeter-sacredheart@prcdtr.org.uk

WELCOMERS



Welcomers (often serving as part of a broader ministry of hospitality or alongside ushers) are the friendly, welcoming presence at the doors of a Catholic church.

Their primary goal is to ensure every person, especially newcomers, feels valued and prepared to participate in the Mass.
We need welcomers for all our weekend Masses.

If you are interested please contact Coral at the parish office.
01392 642389

MINISTER'S OF THE WORD



Catholic Ministers of the Word (often called Readers or Lectors) are the lay faithful, who proclaim the Scripture readings during the Liturgy of the Word at Mass.

As a reader, you are intrusted with proclaiming the living Word of God to his people during the sacred liturgy.

The Liturgy of the Word is not simply what we have to get through before we get to the Liturgy of the Eucharist – just as Christ comes to meet us in Holy Communion, so he comes to us in the Word which is proclaimed.

Their role is to make the living Word of God clearly audible and understandable to the congregation .

We need readers for Saturday 5.30pm Mass and Sunday 11.15am Mass.

If you are interested please contact Coral at the parish office.
01392 642389

NEWS FROM CATHOLIC EXETER

CHOCOLATE MAKING WORKSHOP



Saturday **17th October**, 9.30am - 3.00pm

Our Lady of the Portal & St Piran,
Parish Hall, Truro, TR1 1SE

This event is aimed at those aged 10 - 16. It invites young people to explore how chocolate is made, where the ingredients are sourced, along with the impact on the farmers and the environment, in line with the Catholic Social Teaching. During the workshop young people will made chocolate from raw ingredients and create florentines to take home.

Places are limited and will be offered to the first 20 who have signed up and paid. We ask for a £15 contribution per person to help with costs. To book please click the QR code or use the email below to ask for a booking link.

Youth Events
Diocese of Plymouth
youth@prcdtr.org.uk

Training Day for Volunteers working with Youth

Join together with other volunteers from across the Dicoese of Plymouth on,

Saturday 24th October
10.00 - 3.00

Catholic Chapliancy, Exeter University

Lunch and refreshements will be provided.

2 workshops will be offered, they aim to give you time to reflect on your ministry working with young people.

Kate Wilkinson from Million Minutes will talk about the charities strategy to listen to and amplify the voices of our youth.



2 Agents of change from Million Minutes plan to share their thoughts on the future of the catholic church and how they feel their generation needs to be heard.

Booking essential. Event is open to volunteers who are 18+. There is no charge for this event but if you would like to make a donation this can be done through give a little. Code available on the booking form.

'As they talked and discussed these things with each other, Jesus himself came up and walked along with them' Luke 24:15



YOUTH EVENTS
Diocese of Plymouth
youth@prcdtr.org.uk


St Rita's Centre, Honiton, Devon
Advent Retreat Day
"EXPLORING PRAYER AND CONVERSION"
Saturday 5th December 2026
9.30am – 3.30pm
with
Fr. Gerald Wilson OAR
The day will begin with coffee/tea on arrival at 9.30am. The first talk will start at 10am. The second talk will be at 11am. Adoration in silence (with an opportunity for Confession) will be at 12.00pm. Lunch will be served at 1pm. Holy Mass at 2.45pm. Depart at 3.30pm
Cost per person: £27.00, which includes lunch.
For further information & to register your name, contact:
St Rita's Centre Tel: 01404 42635
Email: admin@stritascentre.org | www.stritascentre.org

OUR CATHOLIC FORMATION

GIFT: JOURNEYING TOWARDS THE SACRAMENTS

Preparation for the sacraments is an activity for the whole family, not just a child who is put forward by his/her parent(s). To receive Holy Communion or Confirmation is to be part of the Catholic family.
Therefore preparation to receive these sacraments grows out of a family's participation in the Catholic community through celebrating Mass on Sundays, engaging with Growing In Faith Together (GIFT), and participating in the wider life of our parish family.
As we no longer base readiness for a sacrament on a child reaching a particular age, the GIFT Team of lay people and priests will accompany you as parents in discerning when the time is right. GIFT supports you with teaching, discussion and resources.

GIFT FAMILIES & YOUTH

SATURDAY DATES 2026:
7th November
5th December

From October 2026, we will be meeting back at St Nicholas Catholic School.

SATURDAY DATES 2027:
9 January
6 February
6 March
10 April
8 May
12 June
3 July
NO AUGUST SESSION
4 September
2 October
6 November
4 December



GIFT YOUTH

If you are new to GIFT: register your school year 7-9 child here

If you are new to GIFT: register your school year 10-13 child here

GIFT Youth caters for those in secondary school and together they meet during our family Saturday sessions in a different area. This is an opportunity for the young people of our parish to: socialise in person, ask questions, engage with and grow in faith and support each other as they learn what it means to be a young Catholic in today's world.

GIFT FAMILIES

If you are new to GIFT: register your primary school child here

GIFT is offered to all primary and secondary aged families across the Exeter parishes of Sacred Heart and Blessed Sacrament.
It is the way we support families to live and grow as Christians and enable parents to prepare their children to receive the sacraments.
Through GIFT, there are monthly opportunities for families to come together and grow in faith.
Engaging with these opportunities, deepening your own faith and supporting your children to grow in theirs is fundamental to every family's faith journey and to the life of the Church.

GIFT TOTS
0—4 years old with parents/carers

GIFT tots is a family-friendly faith group open to all families with children between the ages of 0-4 years-old.We will meet on the 19th October 10:00-11:00, in the Sacred Heart Lower Room.
Get in touch with Maria to join us:
exeter-pastoral-assistant@prcdtr.org.uk



Do you feel misunderstood or isolated in your faith?

Are you the only Catholic in your class?

Would you like to have fun time with other Catholics, who have the same values?

Have you ever felt different and that your friends do not understand your faith?

Did you hear about us?

GIFT YOUTH SOCIALS

is a group for young Catholics that are in school year 7-9.

We meet every 2nd Friday of the month (19:00-20:30) in

St Richard Reynold's Centre,
Blessed Sacrament Church

We meet to make friends while playing, doing crafts, going out, dancing, listening to music, chatting, eating together…

GIFT YOUTH CARITAS

1Year 10 — 17 years of age

1st Friday of the Month at 19:30-21:30

Our focus is on learning about various charities and the issues surrounding them. Fundraising ideas in the past include a car boot sale with cakes after Sunday Mass, and more recently a BBQ. If you are 15 to 18 years of age we'd love you to join us on the first Friday of every month. If anyone in the parish has ideas regarding issues/charities that this group can focus on, please get in touch with Maria our pastoral assistant.

Exeter-pastoral-assistant@prcdtr.org.uk



Catenians

Faith - Family - Friendship - Fun

Local Catholic Men and their Families

SOCIAL FRIENDS

Who meet regularly to support our church and our social events.
Find out more about joining the Catenians



Catenians

- Support our church
- Are here for each other
- Support Vocations
- Raise money for charities
- Help our Catholic young people
- Organise great social events

Your local Contact

Joseph Acton

Email: jacton@btinternet.com

Phone: 07789 982 336

THINGS FURTHER AFIELD & SOCIAL AWARENESS

Laudato Si' Goals

Hope for the Earth and the Poor

What does Laudato si' mean?

The words are from St Francis of Assisi's Canticle: "Praise be to you, my Lord, with all your creatures". Laudato si' is also the title of an encyclical letter by Pope Francis (2015), with the subtitle "On care for our common home".

What is the letter all about?

The Pope reminds us that God's creation is "of the order of love. God's love is the fundamental moving force in all created things" (LS77). We are the subject of that love and "every creature is the object of the Father's tenderness" (ibid). We must rediscover nature, but "never at the cost of the freedom and responsibility of human beings" (LS78). The Pope exhorts us to stop exploiting people and nature — which is causing untold damage to creation — and to begin "a new dialogue about how we are shaping the future" (LS14).

What's the idea behind the seven Laudato si' goals?

The goals, formulated as part of a platform, serve the whole human family in turning Pope Francis' encyclical into action. He says, "We need a conversation which includes everyone, since the environmental challenge we are undergoing, and its human roots, concern and affect us all" (LS14). People worldwide meet regularly for prayer, reflection and group action to address these goals, taking a ground-up approach. With your help, we want to create a local group.



Is this just a Catholic thing?

No. Laudato si' is an appeal to "every person living on the planet" (LS3). Although the initiative comes from within the Catholic Church, the aim, with the help of the Holy Spirit, is to engage everybody in taking urgent action to protect the poor and future generations against the injustice of the climate emergency and the ecological crisis.

caritas
diocese of plymouth

DIOCESE OF PLYMOUTH

caritas
diocese of plymouth

Join Caritas Diocese of Plymouth to celebrate the

10th World Day of the Poor
"The Lord is the Refuge of the Poor"





with **Bishop Nicholas Hudson**
opening the day and closing with mass,
keynote speaker
David Wells reflecting on Pope Leo's message,
Also, Canon Kristian Paver will talk on the new church at Tiverton.

Saturday 14th November 2026, 11.00am-4.30pm

At the newly opened
St John & James Catholic Church,
40 Old Road, Tiverton, Devon, EX16 4HJ

Registration essential for this free event & early booking advised.

To register scan the QR code, or email caritas@prcdtr.org.uk or tel 01364 645440

Simple lunch provided

CARITAS DIOCESE OF PLYMOUTH
TEL: 01364 645360 EMAIL: CARITAS@PRCDTR.ORG.UK
ST BONIFACE HOUSE, ASHBURTON, NEWTON ABBOT TQ13 7JL

REGISTERED CHARITY: 1205486

RETREATS & PILGRIMAGES

UNBOUND - FREEDOM IN CHRIST

Prayer Conference. Buckfast Abbey, Saturday Oct 31 & Dec 1 2026

A weekend immersion in the inspirational teaching of UNBOUND Deliverance Ministry. A safe, gentle and non-confrontational freedom and inner healing ministry model which helps people reclaim their true identity in Christ. Come and join us as we unpack each of the key themes of the ministry; Repentance & Faith, Forgiveness, Renunciation, Authority, and the Father's Blessing. With an opportunity for a personal prayer session and the chance to claim true freedom in Christ.
Weekend tickets from £65.

To book Freedom in Christ Prayer Retreat. Buckfast Abbey, Devon – Fill in form

Call or email Michele Thompson, Officer for Evangelisation for more information
07940 453607 michele.thompson@prcdtr.org.uk

For more information on Unbound Ministry please follow the link:

COME AND SPEND TIME WITH JESUS IN EUCHARISTIC ADORATION

Thursdays at 6pm & Saturdays at 4:30pm

In the midst of our busy lives, Jesus gently invites us to pause, rest, and spend time with Him. Eucharistic Adoration is a beautiful Catholic practice in which we come before the Blessed Sacrament, truly believing that Jesus Christ is present among us in a special and profound way.

Adoration is not about saying the perfect prayer or knowing exactly what to do. It is simply about being with the One who loves us completely. Just as friends spend time together, we are invited to sit in the presence of Jesus, to speak to Him from our hearts, or simply to rest in silence and allow His love to surround us.
Whether you come carrying joys, worries, questions, or burdens, Jesus welcomes you.

In the quiet of Adoration, many people discover a deep sense of peace, comfort, and renewal. It is a sacred opportunity to step away from the noise of daily life and encounter the living God who knows you, loves you, and desires to draw close to you.

Everyone is welcome. Whether you have attended Adoration many times or have never experienced it before, we invite you to come as you are. Spend a few moments or a longer period in prayer. Let the Lord speak to your heart and fill you with His grace.



RESIDENTIAL RETREATS

Diocese of Plymouth 2026 - 27

INDIVIDUALLY GUIDED RETREATS ARE LED BY EXPERIENCED MEMBERS OF THE PLYMOUTH DIOCESAN IGNATIAN SPIRITUALITY GROUP WHO HAVE RECEIVED TRAINING IN IGNATIAN SPIRITUALITY

Advent 2026 RESIDENTIAL SILENT RETREAT - HONITON

Nov 27th – 29th (Fri – Sun) Weekend Retreat

Nov 27th – Dec 2nd (Fri – Wed) Four - Day Retreat

Nov 27th – Dec 4th (Fri - Fri) Six-day Retreat.

Spring 2027 - RESIDENTIAL SILENT RETREATS - HONITON

May 7th – 9th (Fri - Sun) Weekend Retreat

May 7th – 12th (Fri - Wed) Four - day Retreat

May 7th - 14th (Fri - Fri) Six-day Retreat.

Summer 2027 - RESIDENTIAL SILENT RETREATS - SCLERDER

June 25th – 27th (Fri - Sun) Weekend Retreat

June 25th – 30th (Fri - Wed) Four - day Retreat

June 25th - July 2nd (Fri - Fri) Six-day Retreat.

Retreat cost includes full board & lodging; Recommended donation: Weekend Retreats £160;
Advent & Spring 4-day Retreats H £370; 6-day Retreats £510;
Summer 4-day Retreat £350; 6-day Retreat £460

VENUE: ST RITA'S CENTRE - a well - appointed retreat centre run by Augustinian Recollect Order with comfortable ensuite accommodation (St Rita's Centre, Ottery Moor Lane, Honiton, Devon. EX14 1AP).

VENUE: SCLERDER ABBEY (Chemin Neuf) A retreat house with a large garden with pleasant rural walks nearby, situated near Looe in Cornwall. Once a Carmelite Monastery, it offers simple accommodation but is not suitable for those with mobility issues. (Sclerder Lane, Looe, Cornwall PL13 2JD).

SILENT RETREATS in the Ignatian tradition open to Christians of any denomination, who would like to step back from everyday life and review their journey in faith. An Individually Guided Retreat offers each person the opportunity for space, SILENCE and prayer. - Each retreatant meets a Spiritual Companion daily and together they discuss how best to use the time of retreat. The Companion will help you to pray using scripture and your own experience of life. Together you will try to discern what God is saying to you at this time. The retreat will be made in SILENCE to help you to pray and to leave other retreatants equal opportunity for reflection.

Residential Retreats - for further information, to check availability, or to book *telephone Wendy on:* 01752 769164 *or* 07823447637 or *email: Plymouth Diocesan Ignatian Spirituality Group* diocesan-ignatian-retreats@prcdtr.org.uk