

# CATHOLIC EXETER



**Parishes of Blessed Sacrament and Sacred Heart**

**20 November 2022** Our Lord Jesus Christ, King of the Universe. *Yr C. Ps 2*

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The Church is not a democracy, it is a Kingdom. A Christian is only a citizen of heaven in so far as he or she submits to a king. But what a King! It may seem odd that on the feast proclaiming that Jesus is King over all things, visible and invisible, that the Gospel recounts His humiliation and suffering on the Cross. But as Christians we join the criminal dying with Christ in recognising that this beaten and bloodied figure is our King.

Just as David made a pact with the tribes of Israel to become their king, so Jesus Christ has made a pact with us to become our King. This pact is through the Cross, through His Body and Blood, and we renew it every time we gather for Mass. Through it we no longer belong to ourselves, but to our King who died and rose again for us. May He reign in us for ever!

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[Sacred Heart website](#) • [Blessed Sacrament website](#) • [Facebook Catholic Exeter](#)

# MASS TIMES SACRED HEART



## **Sunday 20 November – Christ the King**

Youth Sunday – Celebrating the young people of the world

5.30pm (Sat) *Alexandra Green*

9.15am *People of the Parish*

11.15am *Fr Kieran Kirby*

5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

## **Monday 21 November – The Presentation of the Blessed Virgin Mary**

10.00am *The Green Family RIP*

## **Tuesday 22 November – St Cecilia, Virgin & Martyr**

10.00am *The Hamilton Family RIP*

## **Wednesday 23 November**

10.00am *Private Intention In Loving Memory*

## **Thursday 24 November – St Andrew Dung-Lac, Priest & Martyr**

NO MASS – Clergy Requiem Mass at Plymouth Cathedral

## **Friday 25 November**

10.00am *Pietro Giannone RIP*

## **Saturday 26 November – Saturday Memorial of the Blessed Virgin Mary**

10.00am *Shauna Green*

## **Sunday 27 November – First Sunday of Advent**

5.30pm (Sat) *For Married Couples – Renewal of Marriage Vows*

9.15am *Fr Kieran Kirby*

11.15am *People of the Parish*

5.00-6.00pm Exposition of the Blessed Sacrament & Benediction

## **Confessions**

Saturdays after 10.00am Mass and 4.00–5.00pm and on reasonable request.

**Live stream Mass** To access the YouTube stream please [click here](#).

**Refreshments** served after Masses on Sunday (9.15am), Tuesday, Wednesday and Saturday.

**Church open** for private prayer from 9.00am until 6.00pm each day.

# MASS TIMES BLESSED SACRAMENT



## **Sunday 20 November – Christ the King**

Youth Sunday – Celebrating the young people of the world

8.45am *People of the Parish*  
10.45am *Elisabetta Pagliarulo RIP*  
6.00pm *Ann Pala RIP*

## **Tuesday 22 November – St Cecilia, Virgin & Martyr**

6.30pm *Private Intention*

## **Wednesday 23 November**

9.30am *Holy Souls*

## **Thursday 24 November – St Andrew Dung-Lac, Priest & Martyr**

9.30am *Holy Souls*

## **Friday 25 November**

6.30pm *Holy Souls*

## **Saturday 26 November**

9.30am *Holy Souls*

## **Sunday 27 November – First Sunday of Advent**

8.45am *Deceased Friends & Family of the Smyths*  
10.45am *People of the Parish*  
6.00pm *Canon Paul Cummins*

## **Confessions**

Saturdays after 9.30am Mass and on reasonable request.

## **Live stream Mass**

To access the YouTube stream please [click here](#).

## **Refreshments**

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday.

# ADVENT

## Advent Retreats with the Sisters of Mary Morning Star

### **Retreat for Young Women aged 18–35**

16–18 December. Come and await the birth of Christ in the heart of a monastic community. Experience the Advent liturgy, silence, prayer, and Lectio Divina lived in joyful expectation with the Blessed Virgin. An opportunity for young women to study St Thomas Aquinas' teaching on the Mystery of the Incarnation, and to learn how to do Lectio Divina with this great Saint.

### **Day retreats open to all**

Tuesdays during Advent, 6 November and 6, 13 and 20 December 11.30am till 6.30pm. The day starts with Mass at 11.30am. There will be time for adoration, rosary, walk in the valley of the Rocks, teaching on lectio divina, and ending with vespers. Please bring a packed lunch and a bible.

All retreats are being held at the Convent in Lynton EX35 6BS.

To book or for more information contact the Sisters on 01598 753373 or email [srsmarymorningstar@gmail.com](mailto:srsmarymorningstar@gmail.com)

## Walk With Me

Enjoy a spiritual time of prayer and reflection during Advent with the Walk with Me Advent Prayer Journey books which are on sale at the back of the Sacred Heart church at a cost of £1.00 each. Please place your money in the repository wall box. These will be available at Blessed Sacrament from next Sunday.

## Advent Retreat Day

Our Deepest Gifts: The Four Themes of Advent, on Saturday 3 December at St Rita's Centre, Honiton. The retreat will be led by Canon Mark O'Keefe. The day will start with refreshments at 9.30am with the first talk at 10.00am and the second at 11.00am. Exposition and Adoration of the Holy Sacrament in silence will be at 12.00noon. Lunch will be at 1.00pm. Mass will be at 2.45pm and there will be an opportunity for confession. The charge for the day, including lunch, is just £25. Booking can be made by email [admin@stritascentre.org.uk](mailto:admin@stritascentre.org.uk) by phoning 01404 42635 or online at [www.stritascentre.org/events](http://www.stritascentre.org/events). Payment can be made on the day. If you have any questions please call Krista Radzina on 01404 42635

# CHARITY BEGINS AT HOME



## HOW YOU CAN HELP

### Donations of money

All donations can be placed in an envelope marked 'Love Christmas', and put in the collection basket when you come to Mass. If you have the parish bank details, you can donate this way. Please add 'Love Christmas' in the narrative box. Please contact the Parish Office if you have any questions.

### Nominations

We ask you to nominate someone (individual or family), who does not have to be a parishioner, you think would benefit from a small gift this Christmas, someone who is struggling financially or who is lonely, sick or housebound. You will have been given a nomination form when you arrived at Mass at Blessed Sacrament last Sunday. Please complete it and return it to the parish office

I nominate.....

Address.....

*All nominations will be treated in confidence.*

*Please return to the parish office/via the presbytery letterbox*

**NB: Last date for donations & nominations is 13 December**

## CAFOD News



### The Real Advent Calendar

The 2022 Real Advent Calendar is a wonderful way to share the Christmas story for just £4.50! There is a Fairtrade Chocolate and a line of the Christmas story behind each of the windows. The free book has a page for every day of Advent, expanding on the Christmas story and some fun challenges.

**CAFOD Christmas Cards** A selection of cards will be on sale at the back of Blessed Sacrament church from Sunday 20 November. *For more news and information about CAFOD follow [this link](#)*



## World Gifts: What's new for Christmas 2022

As Christmas approaches we have just the best unusual presents for your friends and family that can make a real difference to people living in

poverty! World Gifts are CAFOD's range of virtual gifts that make a real difference to families living in poverty across the world. For each gift you buy this Christmas, you'll receive a beautiful gift card to pass on to your loved one. [Shop for World Gifts](#) or find a gift in the World Gifts catalogue which you will find in the Blessed Sacrament church porch, or at the back of Sacred Heart church.

## Himalayan trek for Hospiscare

After a delay of two years, due to Covid, the trek is finally going ahead. We are flying to Kathmandu on 22 November. We will volunteer in the local hospice and then make a 5-day trek in the Annapurna region, climbing to Poon Hill at 3400m. Thank you to all who have sponsored me for this challenge. I will be at the back of Sacred Heart church after 9.15am Mass on Sunday 4 December to collect any sponsorship money, or extra donations. Many thanks, *Nicola McDonald*

## Exeter Foodbank

Can you help by donating any of these items: Vegetarian meals, tinned fish, tinned meat, biscuits, UHT milk, noodle snacks, jams & spreads, custard, rice pudding, sponge puddings, 500g coffee jars, small bags of sugar, deodorant, toothbrushes & paste. Collection points are at the back of both churches. Exeter Food bank thanks us for our support.

## GAiN UK Winter Appeal supporting refugees

Thank you to all who donated in response to the appeal by the Exeter Student Action for Refugees Society. They were thrilled by the amount that had been donated and it will be collected by GAiN and go to help supporting people living in extreme long-term poverty and refugees.

## ACN Aid to the Church in Need

Steve Riedlinger, the fundraiser for ACN, came to Blessed Sacrament to talk about ACN and make an appeal. The following has been received from him:

*I really enjoyed my weekend in the parish. You made me so welcome, and I also received great support from your parish community. Please pass on my thanks to everyone in the parish who has contributed to this great gift (the appeal resulted in a total of £1078.88 being raised).*

*If there is a parishioner who would like to volunteer as a parish contact for sharing resources and information, I would welcome the opportunity to support this person in helping represent Aid to the Church in Need within the parish.*

*At Aid to the Church in Need we will pray for you and your parish and know that in turn you are also praying for the people we are trying to help.*

*With sincere thanks, best wishes and prayers. Steve Riedlinger.*

## CSAN launches cost of living campaign

Caritas Social Action Network (CSAN), the Bishops' Conference agency promoting domestic social action, has launched a campaign calling on the government to make changes to the welfare and tax system for the benefit of society's most vulnerable. The agency is also calling on Catholics to write to their local MPs to share how poverty is effecting their communities.

Bishop Terry Drainey, Chair of CSAN, said: "We urge the Catholic community to support the vision of the bishops' Department for Social Justice in working to alleviate the impacts of poverty in our communities and promoting a vision for the common good where all can flourish and lead fulfilling lives."

CSAN's campaign is in line with a Department for Social Justice briefing paper the Bishops' conference published in September which called on the government to uprate welfare benefits, remove the two-child cap on universal credit, consider reform of the tax system, and more. CSAN is the domestic Catholic agency tackling poverty and injustice in England and Wales, with 50 Caritas diocese and independent member charities. [Caritas Social Action Network](#) is a member of the global Caritas Internationalis confederation. For more information on the campaign, including a template letter to send to MPs, [click here](#).

## FORMING IN FAITH

### Finding Joy in our lives today

'The Joy of the Gospel' or *Evangelii Gaudium* in Latin, 'fills the hearts and lives of all who encounter Jesus.' These are the first words of Pope Francis' first encyclical, soon after he became Pope in March 2013. In these troubled days when joy seems in very short supply, it could be very helpful to examine this letter in greater depth, especially since, as Pope Francis repeatedly reminds us, this quality is integral to our being Christians. What better way to prepare ourselves for the mind-blowing celebration of God becoming man at Christmas! We will meet every Thursday from 1 December to 19 January (with a break for Christmas) at 10.30 – 12 noon in Sacred Heart Lower Room. Come and see!

# Wednesday Word Scripture Reflection

Wednesday Word meets online via zoom from 2.00-3.00pm. If you would like to join us then, get in touch with Maria: [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk). Come whenever you can, you will be most welcome.

## GIFT Gateway to the Sacraments

GIFT is for all families of faith who want to learn about their Catholic faith, meet other families and be supported in their family faith journey. GIFT is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation.

Find out more on the Blessed Sacrament Website GIFT page: [Click Here](#)

**Next Gift Session Saturday 3 December** at St Nicholas Catholic School.

**Get in Touch and Register** If you would like to join us, please register using the appropriate link: GIFT Primary [Registration Form](#) and GIFT Youth [Registration Form](#) If you have any questions, please get in touch with Maria [exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

## Our Synodal Journey

As part of our on-going Synodal journey, the Office for Evangelisation and Catechesis are hosting two further talks on Saturday 26 November

**11.00am Talk 3 The work of the Holy Spirit in the Church Today**

**1.30pm Talk 4 Deaconesses in the Catholic Church**

St Peter's Catholic Church, Crownhill, Plymouth, PL5 3AX. 10.30am

Refreshments, 12.15pm Lunch break. Please bring lunch. Mass at 9.30am for those who wish. For a Zoom link please email: [carolinefarey@btinternet.com](mailto:carolinefarey@btinternet.com)

## Forming in Faith – The Creed

We have now watched four episodes of Bishop Robert Barron's fascinating exploration of The Creed. The next session is: Holy Spirit, the Giver of Life.

**Monday 21 November 10.30am – 12.30pm at Sacred Heart.**

**Tuesday 22 November 7.00 – 9.00pm at Blessed Sacrament.**

Come along and find out more about what we profess every Sunday

**Dipping into the Catechism** [November sheets available here.](#)

YOUTH

**Youth Events E-Newsletter** [Click here for the latest news](#)

# Youth Sunday at Blessed Sacrament

As today we celebrate and pray for the young people of our world, the young people of Blessed Sacrament Parish will have a prominent place in the liturgy at the 10.45am Mass. They will be leading the music, proclaiming the Word and serving at the altar. We thank God for their presence and witness amongst us. We pray that they will continue to minister to us in the future. God bless them!

## NEWS & EVENTS

### Opportunity to renew your Marriage Vows

We invite you to the 5.30pm Mass at Sacred Heart on Saturday 26 November when married couples will have the opportunity to renew their marriage vows. Join us in the Lower Room afterwards for drinks and nibbles. Everyone is welcome. Hope to see you there, *Catholic Marriage Preparation Exeter Team*.

### Blessed Sacrament Sewing Group

Due to the dark evenings and cold weather we have moved our sewing group to 3.00–5.00pm on Monday afternoons. We are currently sewing together squares that have been very kindly knitted by various parishioners. These will become blankets for the RD&E hospital dementia patients. We are hoping that meeting in the afternoon will enable new people to come and join us. All welcome.

### Diocesan Vacancy

**Safeguarding Administrator** (part time) – 1 post

Location: St. Boniface House, Ashburton, Devon with some home working to meet COVID Secure requirements

Salary: £12.20 per hour pro rata'd to 3 days (Actual Salary £13,322 per annum)  
FTE £22,204. Hours: 3 days a week preferably Monday, Tuesday & Wednesday

The Safeguarding Administrator works as part of the Diocesan Safeguarding Team delivering measures to ensure the safety of the young and vulnerable within the diocese.

The successful applicant will have a good understanding of Microsoft Office, a high level of IT fluency and an ability to learn new IT systems. The post holder will be trained and accredited to manage the Disclosure and Barring Service Checks (DBS).

For an informal discussion, please contact the Safeguarding Co-ordinator Robert Brown at [robert.brown@prcdtr.org.uk](mailto:robert.brown@prcdtr.org.uk) or Annette Moody-Burkinshaw at

[annette.moody-burkinshaw@prcdtr.org.uk](mailto:annette.moody-burkinshaw@prcdtr.org.uk). The job description and person specification are obtainable from the HR Department on 01364 645383 or email [recruitment@prcdtr.org.uk](mailto:recruitment@prcdtr.org.uk). Applications are by application form and covering letter. The closing date is Monday 5 December. Interviews will be held during week commencing Monday 12 December. The appointee to this post will be subject to an enhanced clearance through the Disclosure & Barring Service.

## A Fresh Start

An event organised by Caritas Plymouth and Clifton Diocese on 29 November to reflect on the needs of those affected by imprisonment. It will include a Zoom panel of people involved in prison ministry, prayer and action. For more information scan the QR code on the poster in the church. To register email [Deborah.fisher@prcdtr.org.uk](mailto:Deborah.fisher@prcdtr.org.uk) or [Jason.charewicz@cliftondiocese.com](mailto:Jason.charewicz@cliftondiocese.com).

## Today is Safeguarding Sunday

We join thousands of other churches across the UK highlighting the importance of protecting vulnerable people. This is a national awareness-raising campaign organised by the Christian safeguarding charity [thirtyone:eight](https://www.thirtyoneeight.org)

This year's campaign coincides with the start of National Safeguarding Adults Week (21–27 November). The theme is: 'One church, one day, one message'.

Justice and hope are at the heart of the Christian message. Let's take this opportunity to celebrate those who work behind the scenes to protect children, young people and adults at risk and make our church a safer place for all. We thank and pray for those who have stepped up to coordinate safeguarding in each of our parishes across the diocese. We are grateful to all of our Parish Safeguarding Reps who generously volunteer their time for this vital role.

### **A prayer for Safeguarding Sunday**

*Dear God, help us to be a Church that loves, welcomes, protects, listens, learns and serves; repents, restores, transforms, values, cares and believes. God of Justice and compassion, hear our prayer. Help us, heal us, guide us, we pray.*

*Through Christ our Lord. Amen.*

## Accommodation needed

We welcome Mayeul and Hermine Destouches who, together with their 15 month old baby have just moved to Exeter. They are looking for a 2 bedroom flat to rent, for around £900–£950 pcm, ideally within reasonable walking or bus distance to either Sacred Heart or Blessed Sacrament churches. If you are able to help or hear of anything of interest, please contact them on 07354 440521 or by emailing [hdestouches@posteo.net](mailto:hdestouches@posteo.net). Thank you in anticipation.

# St Nicholas School News

We would welcome any parishioners who would be interested in coming in on a weekly basis to support children with their reading. You would need an enhanced DBS check for this which would be carried out by the school. If you are interested and wish to find out more please contact Mrs Brocksom

[abrocksom@stnics.uk](mailto:abrocksom@stnics.uk)

Please also contact Mrs Brocksom if you are interested in becoming a school foundation governor. You would be required to attend 6 meetings per year (held in school) and some scheduled monitoring visits to the school.

## PRAYER & LITURGY

### Legion of Mary

The Legion of Mary will meet in the Lower Room at Sacred Heart at 5.00pm on Friday 25 November. All welcome.

### Praising God Twice!

Join us to praise and worship God in song and music on **Thursday 15 December** in the St Richard Reynolds Centre at Blessed Sacrament Church at 7.15pm. We look forward to welcoming you for an evening of praise and worship. Future date: 15 December. *'The one who sings prays twice.'* St Augustine

## THE WORD

### Sunday 20 November – Christ the King

First Reading – 2Samuel 5:1-3 *They anointed David king of Israel*

Psalm Response: *I rejoiced when I heard them say: 'Let us go to God's house.'*

Second Reading – Colossians 1:12-20

*He has created a place for us in the kingdom of the Son that he loves.*

Gospel – Luke 23:35-43 *Lord remember me when you come into your kingdom.*

### Sunday 27 November – 1st Sunday of Advent

First Reading – Isaiah 2:1-5

*The Lord gathers all nations together into the eternal peace of God's kingdom.*

Psalm Response: *I rejoiced when I heard them say: 'Let us go to God's house.'*

Second Reading – Romans 13:11-14 *Our salvation is near.*

Gospel – Matthew 24:37-44 *Stay awake so that you may be ready.*

# CONTACT US

## Blessed Sacrament

29 Fore Street, Heavitree,  
Exeter EX1 2QJ  
01392 274724

[exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

### Parish Priest

Fr Jonathan Stewart

### Priest in retirement

Fr John Watkins

### Parish Secretary

Lesley Hooper

Office hours Tuesday, Wednesday,  
Thursday 10.00am–4.00pm

Gift Aid enquiries:

[exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

## Sacred Heart

25 South Street, Exeter EX1 1EB  
01392 272815

[exeter-sacredheart@prcdtr.org.uk](mailto:exeter-sacredheart@prcdtr.org.uk)

### Parish Priest

Fr Kieran Kirby

### Assistant Priests

Fr Albert Lawes &

Fr Anil Gundabathina

### Deacons

Delian Bower & Kelvin Russell

### Parish Secretary

Coral Saunders-Mortier

Office Hours -9.00am-12.00pm &  
1.00pm- 4.00pm Tuesday - Friday

Gift Aid Enquiries: [exeter-sacredheart-](mailto:exeter-sacredheart-giftaid@prcdtr.org.uk)

[giftaid@prcdtr.org.uk](mailto:giftaid@prcdtr.org.uk)

## Parish School

St Nicholas Catholic Primary School  
Ringswell Avenue, Exeter EX1 3EG  
01392 445403

[admin@stnics.uk](mailto:admin@stnics.uk)

[www.st-nicholas-exeter.devon.sch.uk](http://www.st-nicholas-exeter.devon.sch.uk)

### Executive Head Teacher

Cathy Blatchford

## Pastoral Assistant

Maria Quinn

[exeter-pastoral-assistant@prcdtr.org.uk](mailto:exeter-pastoral-assistant@prcdtr.org.uk)

## Safeguarding

### Sacred Heart

Andrew Blewett

07729 608356

[drewmail2016@gmail.com](mailto:drewmail2016@gmail.com)

### Blessed Sacrament

Lesley Hooper

07712 216724 or 01392 274724

[exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

Maria Edwards

07870 696530

## Useful links

[Bishops' Conference Updates](#)

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News](#)

Catholic Exeter is part of the Roman  
Catholic Diocese of Plymouth.