



safe spaces

Supporting survivors of church-related abuse



0300 303 1056

email: safespaces@splitz.org

Safe Spaces is a free, independent support service, providing a confidential, personal and safe space for anyone who has been abused by someone in the Church or as a result of their relationship with the Catholic Church of England and Wales, the Church of England, or the Church in Wales.

Who can we help?

Safe Spaces is open to people aged 18 or over, regardless of whether the abuse occurred recently or in the past, or whether the perpetrator is living or deceased. You do not have to have reported the incident to the Church authorities or the Police in order to access support.

You do not need to be a current active member of the Church to access support.

Our service is for people who have experienced any kind of abuse - this includes (but is not limited to) sexual violence, inappropriate sexual behaviour, physical abuse, financial abuse or exploitation, psychological abuse (including spiritual abuse), domestic abuse, coercive and controlling behaviour.



How we can help

Remote support is provided nationally through our **FREE Helpline** and **Live Chat** for as long as our clients feel they need it and it is deemed to be helpful.

We can help with advocating with authorities and other agencies, giving you emotional support, providing information (including information on church and police procedures), understanding your needs and working together on individual support plans. If face-to-face support is wanted local to where you live, we will try to make contact with appropriate agencies depending on need.

OPENING TIMES: *Monday, Tuesday, Wednesday, Friday and Saturday: 10.00am - 6.00pm*
Thursday: 12.00pm - 8.00pm **CLOSED on Sundays**

www.safespacesenglandandwales.org.uk