

CATHOLIC EXETER



Parishes of Sacred Heart and Blessed Sacrament

19 June 2022 The Body and Blood of Christ. Year C. *Psalter Week 4*



They all ate as much as they wanted

The Eucharist is not an invention of the Church: it is a part of God's plan of salvation from the very beginning: it is prefigured in the Old Testament, seen today in the food offerings of Melchizedek, priest king of Jerusalem associated with Abraham, choose bread and wine as

the offerings. It is also revealed by the prophetic action of Jesus, in feeding the multitude, before he feeds the Church with the gift that is transmitted through the centuries. The Eucharist, the Body and Blood of Christ, is our communication with the Father, in the Spirit: it is the real presence in the Church's 'here and now' of the eternal God; it is Covenant, Memorial and Promise, Meal and Sacrifice, the heartbeat of the Family of Believers.

MASS TIMES SACRED HEART



Sunday 19 June – The Body & Blood of Christ

Day for Life – retiring collection

- 5.30pm (Sat) *for Josef Zasadni RIP 25th Anniversary*
9.15am *for Chloe Reader-Harris RIP and family*
11.15am *for the People of the Parish*
5.00-6.00pm Adoration & Benediction

Monday 20 June – St Alban, Martyr

10.00am *for Bishop Mark*

Tuesday 21 June – St Aloysius Gonzaga, Religious

10.00am *for Ukraine*

Wednesday 22 June– SS John Fisher, Bishop & Martyr, Thomas More, Martyr

10.00am *for a Private Intention*

Thursday 23 June – The Nativity of St John the Baptist

NO MASS Installation of Archbishop Mark as Bishop of Menevia

Friday 24 June – The Most Sacred Heart of Jesus, Solemnity, Patronal Feast

10.00am *for the People of the Parish*
7.00pm *for a Private Intention*

Saturday 25 June – Ordination Anniversary of Fr Albert

10.00am *for Sarah Billington RIP*

Sunday 26 June – Thirteenth in Ordinary Time

5.30pm (Sat) *for the People of the Parish*
9.15am *for Robert Hogan*
11.15am *for Private Intention*
5.00-6.00pm Adoration & Benediction

Confessions

Saturdays after 10.00am Mass and 4.00–5.00pm and on reasonable request.

Live stream

All Masses and liturgies are now being live-streamed. [Click here.](#)

Refreshments

Tea & Coffee after Masses on Sunday (9.15am), Tuesday & Saturday

Church open for private prayer from 9.30am until 6.00pm each day.

MASS TIMES BLESSED SACRAMENT



Sunday 19 June – The Body & Blood of Christ

Day for Life – retiring collection

8.45am *Bishop Mark*
10.45am *Robert & Maria Phillips Golden Wedding Anniversary*
6.00pm *People of the Parish*

3.30pm *Corpus Christi Procession*

Tuesday 21 June – St Aloysius Gonzaga, Religious

NO Mass

Wednesday 22 June – SS John Fisher, Bishop & Martyr, Thomas More, Martyr

9.30am *Jack & Peggy Webber RIP*

Thursday 23 June – The Nativity of St John the Baptist

9.30am *Bishop Mark*

Friday 24 June – The Most Sacred Heart of Jesus

6.30pm *for the spiritual welfare of Hilda & Edith Robinson*

Saturday 25 June – The Immaculate Heart of the Blessed Virgin Mary

9.30am *Fred & Olive Morgan RIP*

Sunday 26 June – Thirteenth in Ordinary Time

8.45am *People of the Parish*
10.45am *People of Ukraine*
6.00pm *Sick & Housebound*

Confessions

Saturdays after 9.30am Mass and on reasonable request.

Live stream

Most Masses & liturgies are streamed live from the church. To access the YouTube stream please [click here](#).

Refreshments

Served after 10.45am Mass on Sunday and 9.30am Mass on Wednesday. *If you would be willing to be on a rota to serve refreshments after the 10.45am Mass on Sundays we would love to hear from you. Please contact the Parish Office.*

The Feast of Corpus Christi

The Feast of Corpus Christi is not only about the Eucharist – it is also about the community that assembles to celebrate the Eucharist. From the beginning, the Church has understood that Jesus left us a living memorial of himself in the sacramental presence of his Body and Blood. The gospel narrative of Luke presents the miracle of Jesus multiplying loaves of bread as a foreshadowing of the miracle of the Eucharist. The presence of the living Christ under the forms of bread and wine is a great mystery. But the mystery is by no means unacceptable when we consider Jesus' unmeasurable love for us. When he offers himself as our food and drink, he expresses love at its most intimate. Jesus wishes to be part of our very being, living in us soul and body. As the food we eat becomes part of our life, the Eucharist brings Christ's own life into our own.

The gift of Christ, sharing his life with us, should encourage us to reflect on how much we bring life to others. Every action we perform has consequences. Everything we do in our interactions with other people has an effect. We either bring life, or we bring forms of death. Praise for some small tasks done by our children can motivate them to live productively. A criticism can harden a neighbour's already unfriendly attitude.

A small stone thrown into the water will send ripples across an entire lake. We need to be sensitive to how our behaviour affects others and commit ourselves to never bring harm to anyone. Following the example of Jesus, we should look forward every day to how we can increase life in the people whose lives we touch, and beyond. If our hearts are set on sharing our love and making others happy, we are on the right track. Look at each member of your family and decide how you might bring them a better life and tell the people you love and in your life how much you care for them. Amen.

Fr Anil



NEWS



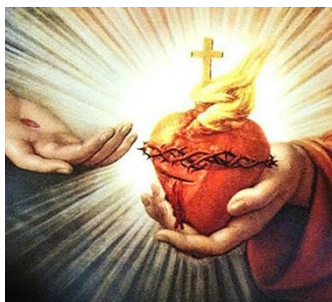
Corpus Christi Procession

Today, on the Feast of the Body and Blood of Christ Blessed Sacrament Parish celebrates its patronal feast.

To mark this occasion, we will meet at 3.30pm in the church and process the Blessed Sacrament in the grounds (weather permitting).

Benediction will be in the garden, followed by refreshments. Please come and join us for this important feast and celebration.

The Most Sacred Heart of Jesus



Friday 24 June is the Solemnity of the Sacred Heart of Jesus and the Patronal Feast of Sacred Heart Parish. The Heart of Jesus reveals to us the immense love that he has for us. The Heart is crowned with thorns and bleeding from one side, an image of Christ's suffering for us. Yet the Heart is still on fire and crowned with a cross, an image of how his love overcomes even pain and death for us. The Sacred Heart gives us an

unconquerable hope in the love of Christ which never abandons us.

Masses will be at 10.00am and 7.00pm on Friday 24 June, with refreshments after the 10.00am Mass.

Prayer to the Sacred Heart

O most holy Heart of Jesus, fountain of every blessing, I adore you, I love you and with a lively sorrow for my sins. I offer you this poor heart of mine. Make me humble, patient, pure, and wholly obedient to your will. Grant, good Jesus, that I may live in you and for you. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, your blessings on all that I do, and the grace of a holy death. Within your heart I place my every care. In every need let me come to you with humble trust saying, Heart of Jesus, help me.

Day for Life

Do not cast me off in the time of old age;
forsake me not when my strength is spent. *Psalms 71:9*

Today we invite people to think about the value and worth of older persons in families, in society, and to make practical choices to build bridges between the generations.

The focus of the Day for Life this year is older persons. The COVID pandemic highlighted the desperate plight of many older people, especially those in care homes and those struggling with long-term chronic conditions such as dementia.

They carried the highest burden which included prolonged isolation, the distress for families being unable to visit, delayed medical interventions and tragic, isolated, deaths followed by shortened, minimal, funeral rites. Many family members and friends continue to bear the wound of deep grief which hurts and is still in need of healing.

Read the [message from our Lead Bishop for Life Issues](#), the Right Reverend John Sherrington. [Make secure online donations](#) to support *Day for Life* projects – upholding the dignity of every human life from conception to natural death.

St. Joachim and St. Anne, pray for us.

There will be a retiring collection at all Masses this weekend.

Parish Secretary for Sacred Heart

The Diocese of Plymouth is looking to appoint a part time Parish Secretary.

Location: Sacred Heart, 25 South Street, Exeter. Salary: £10.95 per hour – £15,943.20 per annum (FTE £19,929 for full time hours). 28 hours per week.

The Parish Secretary will manage the administrative, secretarial support and the office resources required to ensure the smooth running of the Parish and to enable the Parish Priest to carry out his diocesan responsibilities. The post-holder will be required to have secretarial or administrative experience and will require good organisational skills together with experience of Microsoft Office and excellent interpersonal skills. Copies of job description, person specification and application form are available by calling Dani Osborne on 01392 575695 or by emailing her at Dani@cathedralappointments.co.uk

Catholic Children's Society Annual Mass

Annual Mass – 2.00pm Thursday 30 June. If you would like to attend this year's annual Mass at St Nicholas' Catholic School in Exeter please contact 01364 645420 or email ccs@prcdtr.org.uk Everyone is welcome, but space is limited so please let us know if you would like to attend.

Welcome the Stranger



Refugee Week 20-26 June

Catholic Social Teaching is clear about our responsibility to welcome the stranger in our communities. Refugee week, which runs from 20-26 June, offers an opportunity for us to reflect on how welcoming we really are. In his message for the 2022 World Day of migrants and refugees, Pope Francis reminds us that 'The presence of migrants and refugees represents a great challenge, but at the same time an immense opportunity for

the cultural and spiritual growth of everyone. Thanks to them, we have the chance to know better our world and its beautiful diversity. We can grow in our common humanity and build together an ever greater sense of togetherness. Openness to one another creates spaces of fruitful exchange between different visions and traditions, and opens minds to new horizons. It also leads to a discovery of the richness present in other religions and forms of spirituality unfamiliar to us, and this helps us to deepen our own convictions.'

Pope Francis calls on us to renew our commitment to building a future that conforms ever more fully to God's plan of a world in which everyone can live in peace and dignity.

The refugee week website ([click here](#)) suggests six Simple Acts we can all take during the week, inspired by the theme 'Healing' – everyday actions we can all take to stand with refugees and make new connections in our communities.

Please join us in praying for all those what are seeking refugee from war, hunger or natural disaster:

Lord, make us bearers of hope,
so that where there is darkness, your light may shine,
and where there is discouragement,
confidence in the future may be reborn.

Lord, make us instruments of your justice,
so that where there is exclusion, fraternity may flourish,
and where there is greed, a spirit of sharing may grow.

Lord, make us builders of your Kingdom,
together with migrants and refugees
and with all who dwell on the peripheries.

Lord, let us learn how beautiful it is
to live together as brothers and sisters. Amen.

Caritas Plymouth's full June e-newsletter is [available at this link](#).

Sacred Heart – Your Parish Needs You!

Due to the conditions of the last couple of years, many roles and responsibilities for the everyday running of the parish have fallen vacant. Now that we have returned to normality, we are looking for anyone who would be willing to generously contribute their time and skills in supporting these valuable ministries.

- Sacristan(s)
- Church Carers (cleaners)
- Flower Arrangers
- Sunday Mass Welcomers
- Baristas for Sunday Coffee

The more volunteers we have, the easier the commitment will be for all those involved. If you are interested, please speak to either Fr Kieran or Fr Albert.

Wednesday Word Scripture Reflection

We meet online via zoom from 2.00-3.00pm each Wednesday. If you would like to join us, get in touch with Maria: exeter-pastoral-assistant@prcdtr.org.uk. You don't need to make a weekly commitment, you're welcome whenever you can.

Youth events in the diocese

9 July - Youth Rally, Honiton. Pick up available from Honiton Road.

31 July – 5 August - Senior Summer camp, Buckfast Abbey

31 July – 5 August - St Petroc's camp, Honiton

7 – 12 August - Junior camp, Buckfast Abbey

24 September - Where's God in that? Singing at Buckfast Abbey

8 October - World Youth Day formation, Honiton.

15 October - A chocolate advent, Weymouth

24-26 February 2023 - Faith in Action weekend, Honiton.

Booking details can be found in the latest **Youth Events Newsletter**.

For more information about taking part and for adult volunteering please contact Saskia at: saskia.hogbin@prcdtr.org.uk

Catholic Women's League

The next Exeter section meeting will be held on Tuesday 21 June at 2.00pm in the Parish Room of the Sacred Heart Church, South Street. Remember to bring the dry goods; flour, salt, chick peas, lentils and rice for the Barnabas Trust boxes. We are a lively hard working section and would welcome new members to carry on the work of Caring with Love.

In Search of St Paul – Pilgrimage to Malta & Gozo

The parish of the Holy Family, Exmouth and Budleigh Salterton are organising this pilgrimage from 1 May to 11 May 2023. Day-time flights from Bristol. Half-board accommodation in Jesuit retreat centres. Excursions included to sites associated with St Paul's shipwreck. Details from the parish office exmouth@prcctr.org.uk

Accommodation needed

A Catholic Spanish family of 5 (a couple and 3 young children) is searching for accommodation in the area for a year (Sept 2022-Sept 2023). They are looking for a 3 bedroom place with a living-room and kitchen area, ideally with a garden. They are eager to live in a community. The father will be taking up a temporary position at Exeter University. If you can help or know of any suitable accommodation please contact Beatriz at: beainspringtime@gmail.com

A family with a disabled child are urgently looking for ground floor accommodation. If you can help or know of anything suitable please contact the Parish Office at Blessed Sacrament or Imelda Wightman on 01392 460041

Accommodation is also required from 6 - 9 September for a priest, two lay men and a consecrated woman from Colombia, who will be attending Exeter University during those dates. They would be interested in knowing if you or other Catholic institutions in Exeter would be able to offer them some lodging at a convenient price or give them any ideas or suggestions to that regard. They are travelling on limited budgets and therefore have contacted the parish to ask if anyone could offer any suggestions. If you think that you can help or have any suggestions please contact the Blessed Sacrament Parish office.

We are also looking for accommodation for a Religious Sister who will be coming to Exeter to make an appeal at Blessed Sacrament. She will need to stay with someone on the nights of 18 and 19 September. If you can offer a bed for the two nights please contact the Blessed Sacrament Parish Office.

Pope's June prayer intention

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives.

Welcome to the Family

Please offer your prayers for Eowyn Antibo-Bailey who on Saturday at Sacred Heart Church, through baptism, will be adopted by God as his daughter and become the newest member of our Catholic family. We welcome her with joy and open hearts, praying especially for her family, that the flame of faith may ever grow in her heart.

Threads through Creation

At **Exeter Cathedral** until 24 July. 'Threads through Creation' is a spectacular display of twelve huge and beautiful silk panels inspired by the first pages of Genesis. You've read the story. Now share a breath-taking re-telling!

Artist Jacqui Parkinson lives near Exeter, and has a national reputation for large scale work that's been shown in most of the cathedrals of England. She spent three years, used miles of thread, and eight million stitches.

It's perfect for Christians to enjoy, and take friends to – and enjoy some very interesting conversations! More info at this link: **Threads Through Creation**

My Place – A Play

With Riding Lights and Home for Good at 7.30pm on Thursday 30 June at St Matt's Church Exeter, EX1 2LJ. A deeply moving and insightful performance, My Place shares the interwoven stories of four individuals as they journey through the care system. An individual child, a pair of siblings and an unaccompanied child refugee, they have different backgrounds and journeys, brought to life through a range of colourful story-telling techniques, including song and spoken word. Each story highlights the need for all vulnerable children to have a safe, stable, and loving home where they can thrive. Tickets are £10 each (£8 for concessions).

Find out more at this link.

More news can be found at **Churches Together Exeter News**

Residential Retreats

Residential silent and individually guided retreats. The retreat house with its large garden and pleasant rural walks nearby is situated near Looe in Cornwall.

July 9-11 (Sat - Mon) Weekend Retreat (£160); July 11- 15 (Mon - Friday)

Midweek Retreat (£320); July 9 -16 (Sat - Sat) 6 day Retreat (£560). Venue:

Sclerder Abbey, near Looe. Cost includes full board & lodging. Please contact

Plymouth Diocesan Ignatian Spirituality Group at diocesan-

ignatianretreats@prcdtr.org.uk or phone 01752 769164 or 07823 447637 for

further information or booking form.

Sacred Heart online donations

All donations are anonymous. Please use this link to make your donation.

Alternatively, you can go to Sacred Heart website. Scroll down to the 'Parish News' and click the highlighted 'Donate Here' text. There is also a link on our Facebook Page. If you need further guidance email Sacred Heart Parish Office.



Mass for Marriage

'As an apple tree among the trees of the wood, so is my beloved...'

A **Mass for Marriage** to bless, strengthen and celebrate your married vocation.
Plymouth RC Cathedral Saturday 16 July 2022 at midday.

Pre-celebration event at 11.00am and refreshments after Mass.

For more information and to register anniversaries and forthcoming wedding dates, contact Deborah.vankroonenburg@prcdtr.org.uk

Catholic Exeter Forming in Faith

We are coming to the end of Bishop Barron's series on the Mass. It has been a fascinating journey and those of us who have come along have grown enormously in our understanding of the beauty and the significance of the Mass, the 'source and summit' of the Christian life. There's still one episode to go.

We will meet next on Monday 20 June at 10.30am at Sacred Heart and on Tuesday 21 June at 7.00pm at Blessed Sacrament. Please come and join us.



Stronghold Praise & Worship

Join us to praise and worship God in song and music on Thursday 23 June in the St Richard Reynolds Centre at Blessed Sacrament Church at 7.15pm.

We look forward to welcoming you to a wonderful evening of praise and worship.

'The one who sings prays twice.'

St Augustine

Baptism Preparation Course

We are currently taking bookings for the July course.

Are you expecting a baby and/or looking to have your child baptised? We look forward to supporting you in preparation for this important sacrament and welcoming you and your family into the community of the Church. Courses are over two consecutive Saturday mornings from 10:15-12.00 delivered via Zoom. The course dates are: 16/23 July and 15/22 October. Godparents are especially welcome to attend the second Saturday session as the role of Godparents is explored. Click on the link at the end of this article to register. If you have any problems accessing this, please contact Lesley in the Parish Office on 01392 274724 or at exeter-heavitree@prcdtr.org.uk [Baptism Enquiry form](#)

Pope Francis tweets...

Jesus speaks in silence in the Mystery of the Eucharist. He reminds us every time that following him means going out of ourselves and not making our life a possession of our own, but rather a gift to him and to others.

GIFT Growing in Faith Together

June update: Spirit With Us.

On Saturday 11 June, we met with over 35 GIFT families and with our GIFT Youth to reflect on the Feast of Pentecost and celebrate the Holy Spirit alive in us. We celebrated Mass together and shared a Holy Spirit themed cake before learning how to recognise the effects of the Holy Spirit in our lives. Families had an exciting time making and flying Holy Spirit kites. GIFT Youth enjoyed their own Holy Spirit session with Fr Albert and the GIFT Youth Team.

What Is GIFT? GIFT is for families of faith who want to grow in their Catholic faith, meet other families and be supported in their faith journey. It is the gateway to the sacraments of Reconciliation, Holy Communion and Confirmation.

GIFT Youth: Fr Albert and our GIFT Youth Team meet with our young people for their own session. [GIFT Youth Registration Form.](#)

GIFT Youth Social: Bowling on the 15 July Email Maria by 8 July to RSVP Exeter-pastoral-assistant@prcdtr.org.uk

Next GIFT Family Session: Saturday 2 July at St Nicholas School

Family Prayer: [Bedtime Chats](#)

Get in touch and Register: If you would like to join us, please register using this link: [GIFT Primary Registration Form.](#) If you have any questions, please get in touch with Maria at exeter-pastoral-assistant@prcdtr.org.uk



St Nicholas Primary Fun Day!

Everyone welcome, from grandparents, to cousins, to family friends!

CASH, SUMUP and BOPP PAYMENTS WILL BE ACCEPTED ON

Download and register with the SumUp App, for speedy ApplePay like

1st July 2022, 4pm - 7pm

ONLY Cash and BOPP Payments accepted on Raffle:

Raffle prizes to include:

- 4 ENTRY TICKETS TO PECORAMA
- £40 'PINHOE HOARD' VOUCHER
- 4 CLIMBING WALL VOUCHERS FOR EXMOUTH LEISURE CENTRE
- £40 'ON THE WATERFRONT' GIFT
- 2 ANNUAL MEMBERSHIPS TO KENTS CAVERN



SCAN THE QR CODE TO PRE-ORDER YOUR DISCOUNTED WRISTBANDS AT £5.50 EACH, OR BUY 4 OR MORE FOR A FURTHER DISCOUNT, FOR UNLIMITED INFLATABLE FUN!* (EARLYBIRD AND MULTI-BUY PRICES AVAILABLE UNTIL 24TH JUNE).

ALTERNATIVELY, TURN UP AND PAY AS YOU GO!

*Wristbands will allow the wearer multiple 7 minute sessions on Inflatable Assault Course, Castle, Celebration Slide and Sumo Suits. They do not allow

Upper age restrictions apply to celebration slide and sumo suits.



NOTE - Children are invited to wear non-uniform on 24th June, in exchange for a contribution toward the BOTTLE and SWEET TREAT tombolas.



✉ pta@stnics.uk

St Nicholas School Fun Day

1 July 2022 4.00 – 7.00pm

You are invited to our annual Fun Day to be held in the grounds of the school on Friday 1 July. All the usual attractions will be available including: Circus skills, Ice creams and Lollies, Food and Drink, Raffle, Guess the number of sweets, Hook a Duck and much more. Free admission. All ages welcome.

Children are invited to wear non-uniform on 24 June in exchange for a contribution towards the Bottle and Sweet Treat stall.

Into your hands, Lord...

Please pray for the repose of the soul of **John Rooney** who has died. His funeral Mass will be celebrated at Blessed Sacrament on Thursday 30 June at 11.00am. May he rest in peace and rise in glory.

Exeter Foodbank News

Priority items: noodle and pasta snacks, sponge puddings, tinned vegetables, squash, sugar, UHT milk (semi-skimmed 1 litre), jams, spreads, toilet rolls, shampoo, shower gel, chocolate, crisps, washing capsules. **Collection points at the back of Sacred Heart and Blessed Sacrament churches** for your donations. Donate money online [here](#). Please **ONLY** donate items from the list.



City Community Church invite you join us to pray in Heavitree Park on Sunday 26 June from 10.30-11.30am. Come and pray in a creative way for the Heavitree Community. Meet at The Parklife Hub. All welcome,

THE WORD

Sunday 19 June – The Body & Blood of Christ

First Reading – Genesis 14:18-20 *He brought bread and wine.*

Psalm Response: *You are a priest forever, a priest like Melchizedek of old.*

Second Reading – 1 Corinthians 11:23-26

Every time you eat this bread and drink this cup, you are proclaiming the Lord's death.

Gospel – Luke 9:11-17 *They all ate as much as they wanted.*

Sunday 26 June – 13th Sunday in Ordinary Time

First Reading – 1 Kings 19:16. 19-21 *Elisha rose and followed Elijah.*

Psalm Response: *O Lord, it is you who are my portion.*

Second Reading – Galatians 5:1. 13:18 *You were called to liberty.*

Gospel – Luke 9:51-62

Jesus resolutely took the road for Jerusalem. I will follow you wherever you go.

INFO

Blessed Sacrament

29 Fore Street, Heavitree,
Exeter EX1 2QJ
01392 274724
exeter-heavitree@prcdtr.org.uk

Parish Priest

Fr Jonathan Stewart

Priest in retirement

Fr John Watkins

Parish Office

Tuesday, Wednesday, Thursday
10.00am–4.00pm

Parish Secretary

Lesley Hooper

Blessed Sacrament Gift Aid:
exeter-heavitree@prcdtr.org.uk

Sacred Heart

25 South Street, Exeter EX1 1EB
01392 272815
exeter-sacredheart@prcdtr.org.uk

Parish Priest

Fr Kieran Kirby

Assistant Priests

Fr Albert Lawes

Fr Anil Gundabatina

Deacons

Delian Bower & Kelvin Russell

Sacred Heart Gift Aid Enquiries:
exeter-sacredheart-giftaid@prcdtr.org.uk

Parish School

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01392 445403

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Blessed Sacrament

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Maria Edwards
07870 696530

Bishops' Conference Updates

[Churches Together Devon News](#)

[Churches Together Exeter News](#)

[Churches Together England News.](#)

*Catholic Exeter is part of the Roman
Catholic Diocese of Plymouth.*